

Jean H. Ward, Ph.D.
Licensed Clinical Psychologist

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Education

Ph.D., 1982, Clinical Psychology, Vanderbilt University

B.A., 1978, Duke University, Magna Cum Laude with Distinction in Psychology

Licensure, Training and Awards

Clinical Psychologist, Board of Psychology, Commonwealth of Virginia #0810001242

Internship, Vanderbilt University / Veterans Administration Medical Center, 1982-1983

Vanderbilt University Psychological and Counseling Center Fellowship, 1981-1982

National Institute of Mental Health (NIMH) Predoctoral Traineeship, 1979-1981

Magna cum Laude and Honors in Psychology, Duke University, 1978

Washingtonian Magazine “the Best of Issue” Top Therapist Award, July, 2009

Only Northern Virginia Psychologist Listed in the Eating Disorders Category.

Practice Focus: Diagnostic Assessment, Therapy, and Support

“Positive psychology” model is goal directed with a focus on psychological assessment, treatment, and support. Sessions include cognitive, behavioral and insight-oriented techniques, regular contact with school and health care professionals, and community/family support.

Professional Experience

2009: **Panelist** at the Duke University Career Conference attended by more than 1,000 students.

One of four health care practitioners selected to provide information on career opportunities.

1985 to present: **Private Practice**, Fairfax, Reston, and Vienna, Virginia.

Assessment, therapy, and support for children, adolescents, adults, and families. Focus on depression, other mood disorders, anxiety disorders, eating disorders (obesity, bulimia, anorexia nervosa and binge-eating), adjustment disorders, learning disorders, and ADHD. Expertise in school and life transitions, relationship issues, bullying, harassment, loss and bereavement, impact of divorce on families, college selection process, and college readiness. **Continuing Education Speaker** to therapist groups. **Educator** in schools and community.

1983-1986: **Director** (1985-1986), Staff Psychologist (1983-1985) of the Adolescent Day Treatment Program, Northwest Center for Community Mental Health, Reston, Virginia.

Consulting included community education and client placement. Clinical work included intellectual, educational, neuropsychological, behavioral and personality evaluations; individual, group and family treatment; and supervision of program staff members.

Professional Affiliations

Member of the American Psychological Association, Northern Virginia Academy of Clinical Psychologists, Virginia Academy of Clinical Psychologists, Virginia Psychological Association, Washington Society for the Study of Eating Disorders and Obesity, and National Register of Health Service Providers.